

## Getting Ready for School

It is nearly time to start school! Here are some things you can practise at home to help you get ready for school.



#### Self-Care and Independence

- I can wash and dry my hands.
- I can wipe my nose.
- I can put on my coat and shoes.
- I can use the toilet.
- I am learning to dress/undress this will help me change for PE.
- I am happy to be away from my parents or carers. I know they will be back soon.

#### Playing with Others



- I use my kind hands.
- I can share and take turns.

#### Speaking and Listening

- I can talk about my ideas, needs and feelings.
- I can ask a grown-up for help.
- I can follow simple instructions.

### Eating and Drinking

- I can use a spoon, knife and fork.
- I can feed myself.
- I can drink from a water bottle, carton or open cup.



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#### **Numbers**

- I can count a small number of items.
- I like singing number rhymes or songs.
- I am learning to say numbers to ten.
- I can recognise some numbers.

#### Reading and Writing

- I can recognise/read my name.
- I can hold different tools to mark make.
- I am learning to write my name.
- I enjoy listening to stories and rhymes.



For any more information, please speak to Kate or your child's key person.

Starting school can feel like a big step for children and their families, but we are here to support you during this exciting time!

